



# RICK DE LEON

*Clinical Mental Health Counselor*

## PROFILE

Clinical Mental Health Counselor Intern specializing in cognitive behavioral, mindfulness, and solution focused therapy. With 2 years of experience working with children, adolescents, adults, couples, and families.

## CONTACT

 (239) 628-0355

 rickdeleonmhc@gmail.com

## CERTIFICATIONS

Relationship and Family Counseling (FGCU)

Gottman Level 2 - Couples Therapy

Gottman Level 1 - Couples Therapy

## ➤ EXPERIENCE

**STILLNESS COUNSELING** - Fort Myers, FL  
Mental Health Counselor Intern (Aug 2022 - Present)

- Complete intake assessments.
- Conduct individual, couples, and family counseling.
- Develop treatment plans.
- Provide detailed documentation of all clinical activities.

## ➤ EDUCATION

**FLORIDA GULF COAST UNIVERSITY**  
M.A, Clinical Mental Health Counseling (2023)  
B.A, Sociology (2021)

## ➤ ADDITIONAL SKILLS

- Spanish - Proficient.
- Cultural Competence.
- Diversity & Inclusion Training.
- Career Counseling.
- Organizational Consultation.

## ➤ COMMUNITY INVOLVEMENT

**DIVERSITY & INCLUSION COMMITTEE (FGCU)**  
Presidentially appointed member of the Bias Response Team.