



MELANIE RINCK

CMHC INTERN

Profile

Dependable and accomplished professional with extensive experience in delivering instruction, evaluating performance, gathering, and comparing data, developing procedural strategies, implementing plans, and managing multiple projects simultaneously. Proven adaptability with the ability to flourish in high-pressure and fast-paced environments with a history of successful interaction and leadership within diverse groups.

EXPERIENCE

HNHU CHILDREN'S CASE MANAGER

SalusCare

2024 - Present

- Accomplishes clients' care by assessing treatment needs; developing, monitoring, and evaluating treatment plans and progress
- facilitating interdisciplinary approaches
- Admits new clients by reviewing records and applications; conducting orientations.
- Links clients to resources in the community

CLINICAL SUPPORT STAFF/ GROUP

FACILITATOR

Banyan Treatment Center

2023-2024

- Create a space where individuals can explore their recovery journey, share experiences, and support each other through evidence-based group therapy sessions.
- Provide psychoeducation on addiction, coping mechanisms, and life skills, empowering participants to take charge of their recovery.
- Collaborate with our multidisciplinary team to develop personalized treatment plans that cater to the diverse needs of each group member.
- Foster an environment of trust, respect, and empathy, facilitating a sense of belonging and motivation for positive change.
- Documents group therapy session in each patients' medical record.

ELEMENTARY TEACHER

Charlotte County Public Schools

2017-2023

- Adapted teaching methods and materials to meet students' varying needs and interests for 20 or more students.
- Planned and implemented creative lessons in accordance with district, county, state, and federal guidelines.
- Kept students on-task with proactive behavior modification and positive reinforcement strategies.
- Evaluated and revised lesson plans and course content to achieve student-centered learning.
- Held conferences with parents to address questions, discuss academic progress and encourage learning goals.
- Attended and facilitated IEP meetings for students and families.
- Collaborated with faculty to develop an after-school tutoring program for struggling students.

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Port Charlotte, FL

EDUCATION

MASTERS CLINICAL MENTAL HEALTH COUNSELING

Capella University, Minneapolis, MN

September 2025

MASTERS OF ARTS OM CURRICULUM AND INSTRUCTION, TRAUMA AND RESLIENCE

Concordia University, Portland, OR

September 2019

BACHELOR OF ART ELEMENTARY EDUCATION

University of Phoenix, Phoenix, AZ

June 2016

SKILLS

- Complex Problem-Solving
- Presentation Development and Delivery
- Active Listening
- Leadership
- Empathy
- Time Management
- De-escalation
- Mindfulness
- Social and Emotional Learning
- CBT & TF-CBT
- Emotion Regulation
- Evaluation & Assessment Skills
- Case Management